

Easy Style Upkeep, with Jennifer

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By Jennifer Hermon

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"I have style, I just forgot where I put it." I hear this claim from many moms and have lived it myself.

Somewhere deep in the closet, between your old college tees and maternity clothes hangs your style.

After having three boys, I'll confess that motherhood often knocked me on my tushy, knocked a few screws loose, and soon had me thinking that putting on sweatpants and flip flops made me ready to run an errand.

The rules seem complicated and the list of do's & don'ts ridiculously long so I'll shorten in for you so that your mom-sized attention span can grasp it.

EASY STYLE UPKEEPS

1. If it looks better on your toddler than on you, don't wear it. Examples: crocs, rompers, jumpsuits. The latter items can work for some of the cute tiny 20 something's but rarely on those of us above 35-ish.
2. If it doesn't fit get it altered or donate it. The fewer reminders you have hanging around that remind you of how you DON'T look now is much better for your psyche.
3. Color-blocking is popular, yes. Just try two colors at first. Three at most. More than three and chances are you are more color-clowning than color-blocking.
4. Try something new. Buy yourself at least one new item that fits you as you are today. Preferably not something black unless it's too fabulous to pass up.
5. Put on some lipstick. When all else fails at least you look like you tried.

Go forth and conquer mama.

See more from Jennifer on her blog, [Suburban Catwalk](#).

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